

## Daily Du'as

- supplications for daily use

A collection of supplications that can be recited through the daily life of a Muslim.

Morning and evening

الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا وَإِلَيْهِ  
النُّشُورُ

*Alhamdu lillahil ladhe ahyaana ba'da ma amaataana wa ilayhin nushur*

Praise be to Allah Who gives us life after He has caused us to die and unto Him is the  
Return  
[Sahih al-Bukhari]

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ  
الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ، سُبْحَانَ اللَّهِ، وَالْحَمْدُ  
لِلَّهِ، وَلَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ، وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا  
بِاللَّهِ الْعَلِيِّ الْعَظِيمِ. رَبِّ اغْفِرْ لِي

*La ilaha ilAllahu wah-dahu la sharika lahu, lahul Mulku, wa lahul Hamd, wa Huwa ala  
kulli shaiy'in Qadeer. SubhanAllahi, wal-Hamdu lillahi, wa la illaha ilAllahu, waAllahu  
Akbar, wa la Hawla wa la Quwwata illa Billahil 'aliyyal 'adheem, Rabbighfirli.*

There is none worthy of worship but Allah Alone, Who has no Partner. His is the  
dominion and to Him belongs all Praise, and He is able to do all things. Glory be unto  
Allah. Praise be to Allah. There is none worthy of worship but Allah. Allah is the  
Greatest. There is no Might and Power except by Allah's leave, the Exalted, the Mighty.  
My Lord, Forgive me.

الْحَمْدُ لِلَّهِ الَّذِي عَافَانِي فِي جَسَدِي وَرَدَّ عَلَيَّ  
رُوحِي وَأَذِنَ لِي بِذِكْرِهِ

*Alhamdu lillahil-ladhi aafaani fi jasaki, wa radda 'alaiyya ruhee, wa 'adhina li bidhikriki*

Praise be to Allah Who gave Strength to my body and returned my soul to me and permitted me to remember Him.

When looking into a mirror

اللَّهُمَّ أَنْتَ حَسَنْتَ خَلْقِي فَحَسِّنْ خُلُقِي وَحَرِّمْ  
وَجْهِي عَلَى النَّارِ ، الْحَمْدُ لِلَّهِ الَّذِي سَوَّى خَلْقِي  
فَعَدَّلَهُ ، وَكَرَّمَ صُورَةَ وَجْهِي فَأَحْسَنَهَا وَجَعَلَنِي مِنَ  
الْمُسْلِمِينَ

*Allahumma anta Hassanta khalqi fa-hassin khuluqi, waharrim wajhi 'al-an-naar.  
Alhamdulillahil-lathi sawwa khalqi fa'adalah, wakarrama suurata wajhi fa'ahsanaha,  
waja'alna minal-Muslimeen*

O Allah! You made my physical constitution good so make my disposition good too and keep my face safe from the hellfire. Praise be to Allah Who fashioned and made me proportionate, and honoured my face and made me of the Muslims

[ibn Hibban, at-Tabarani]

Upon Eating

اللَّهُمَّ بَارِكْ لَنَا فِيْمَا رَزَقْتَنَا ، وَقِنَا عَذَابَ النَّارِ ،  
بِسْمِ اللَّهِ

*Allahumma barik lana fima razaqtana, waqina adhab-an naar. Bismillah*

O Allah! Bless (the food) you provided us and save us from the punishment of the fire. In the Name of Allah. [ibn as-Sunni]

Upon forgetting to say the du'a:

. بِسْمِ اللَّهِ فِي أَوَّلِهِ وَآخِرِهِ .

*Bismillahi fi awwalihi wa akhirihi*

[abu Dawud 3:347, at-Tirmidhi 4:288]

Upon completing the meal

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنِي وَسَقَانَا وَجَعَلَنَا مُسْلِمِينَ

*Alhamdulillahil la dhi a'tamana hadha warazaq-aanihi, min ghairi hawlin minni, wa la quwwattin*

Praise be to Allah, who has fed us this food, and sustained me with it when I was unable to do it Powerless.[at-Tirmidhi, abu Dawud, ibn Majah]

After drinking milk

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنِي وَسَقَانَا وَجَعَلَنَا مُسْلِمِينَ

*Allahumma barik lana fihi wa zidna minhu.*

O Allah! Grant us blessing in it and grant us more of it  
[at-Tirmidhi 5:506]

When dining at someone's invitation

اللَّهُمَّ بَارِكْ لَهُمْ فِي مَا رَزَقْتَهُمْ، وَاعْفِرْ لَهُمْ  
وَارْحَمَهُمْ

*Allahumma barik lahum feema razaqtahum, waghfir lahum warhamhum*

O Allah! Bless for them, that which You have provided them, forgive them and have mercy upon them [Muslim 3:1615]

When offered an invitation to drink

اللَّهُمَّ أَطْعِمْ مَنْ أَطْعَمَنِي، وَسَقِ مَنْ سَقَانِي

*Allahumma 'at-im man 'at-amni wasqi man saqani*

O Allah! Feed those who have fed me and satiate those who have satiated me  
[Muslim 3:126]

When drinking Zam-Zam water

اللَّهُمَّ إِنِّي أَسْأَلُكَ عِلْمًا نَفِيعًا ، وَرِزْقًا وَاسِعًا ، وَ  
شِفَاءً مِنْ كُلِّ دَاءٍ .

*Allahumma inni as'aluka ilman naaf-a'n wa rizqan wasii'an wa shifa-'an min kulli da'i*

O Allah! I seek of You beneficial knowledge, plentiful provision, and cure from all diseases.

When drinking Zamzam, Ibn Abbas (radiAllahu anhu) used to recite the following du'a  
[Hakim]

Du'as for the restroom

Entering the restroom

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْخُبُثِ وَالْخُبَائِثِ .

*Allahumma inni a'udhu bika minal-khubuthi wal-ghaba-ith*

Oh Allah! I seek refuge in You from male and female devils  
[Sahih al-Bukhari; 1:45, Muslim; 1:283; al-Asqalani's Fath al-Bari; 1:244]

Exiting the restroom

غُفْرَانَكَ

*Ghufranaka*

I seek Your Forgiveness  
[abu Dawud, ibn Majah, at-Tirmidhi]

Upon completing wudu

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ  
وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

*Ash-hadu ana-la ilaha illAllah, wahdahu la shareeka lahu, wa-anna Muammadan  
abduhu wa-rasuuluhu*

I testify that there is No God but Allah, alone without partners, and that Muhammad is  
His slave and Messenger.  
[Muslim; 1:209]

اللَّهُمَّ اجْعَلْنِي مِنَ التَّوَّابِينَ وَاجْعَلْنِي مِنَ  
الْمُتَطَهِّرِينَ

*Allahummaj 'alni min at-tawwabeen waj'alni min al-mutatahhireen*

O Allah! Make me among those who are Repentant and of those who purify themselves  
[Muslim, at-Tirmidhi; 1:78]

During wudu, you can recite this dua:

اللَّهُمَّ اغْفِرْ لِي ذَنْبِي ، وَوَسِّعْ لِي فِي دَارِي ، وَ  
بَارِكْ لِي فِي رِزْقِي

*llahummaghfirli dhanbi, wa wassi'li fee daari, wa barik lee fi rizqi*

O Allah! Forgive my sins, grant me expansion in my home and bless my livelihood  
[at-Tirmidhi]

After the Adhan

اللَّهُمَّ رَبَّ هَذِهِ الدَّعْوَةِ التَّامَّةِ وَالصَّلَاةِ  
الْقَائِمَةِ، آتِ مُحَمَّدًا الْوَسِيلَةَ وَالْفَضِيلَةَ ، وَأَبْعَثْهُ  
مَقَامًا مَحْمُودًا الَّذِي وَعَدْتَهُ

*Allahumma rabba haahid-dawatit-tamma, was-salaatil-qaa-ima, aati Muammadan al-  
waseelata wal-faDeela, wa-bathhu maqaamam mahmuudan-il-lae waattah*

O Allah! Lord of this perfect call and the established prayer! Grant Muhammad the  
privilege of intercession (on the Day of Judgment) and superiority, and take him to the  
exalted place You have promised him  
[Sahih al-Bukhari]

## Upon Going to the Mosque

اللَّهُمَّ اجْعَلْ فِي قَلْبِي نُورًا، وَفِي بَصَرِي نُورًا،  
وَفِي سَمْعِي نُورًا، وَعَنْ يَمِينِي نُورًا وَعَنْ يَسَارِي  
نُورًا، وَقَوْقِي نُورًا وَتَحْتِي نُورًا، وَأَمَامِي نُورًا  
وَأَخْتِي نُورًا، وَعَظْمِي لِي نُورًا

*Allahumma-jal fee qalbee nuura, wa-fee baSaree nuura, wa-fee samee nuura, wa-ay-  
yameenee nuura, wa-ay-yasaari nuura, wa-fawqee nuura, wa-tahtee nuura, wa-amaamee  
nuura, wakhalfee nuura, wajal lee nuuraa*

O Allah! Let there be light in my heart, light in my eye-sight, light in my hearing, light on  
my right, light on my left, light above me, light under me, light in front of me and light  
behind me, and provide me with light

[Sahih al-Bukhari; 11:116:6316, Muslim; 1:526, 529-530]

## Upon entering the Mosque

بِسْمِ اللَّهِ، وَالصَّلَاةِ وَالسَّلَامِ عَلَى رَسُولِ اللَّهِ، اللَّهُمَّ  
افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

*bismillahi was-salaatu was-salaamu ala rasuulillah. Allahumma-ftah li abwaba ramatik*

In the Name of Allah; may His prayers and peace be upon Allah's Messenger. O Allah!  
Open for me the gates of Your mercy.

[ibn as-Sunni: 38, abu Dawud 1:126, Muslim; 1:494, ibn Majah 1:128-9]

## Upon exiting the Mosque

بِسْمِ اللَّهِ، وَالصَّلَاةِ وَالسَّلَامِ عَلَى رَسُولِ اللَّهِ، اللَّهُمَّ  
إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ

*bismil-lahi(i) was-salatu was-salaamu alaa rasuulil-laahi. Allahumma inni as-aluka mi  
fadlik*

In the name of Allah, and may His blessings and peace be upon Allah's Messenger. O Allah! I am asking You to give me from Your Bounty  
[Muslim; 1:494, ibn Majah 1:128-9]

Upon dressing

بِسْمِ اللَّهِ الَّذِي لَا إِلَهَ إِلَّا هُوَ

*Bismillahi, al-ladhi, La illaha illa huwa*

In the Name of Allah. There is no God but He.  
[to be recited when undressing]  
[ibn as-Sunni]

الْحَمْدُ لِلَّهِ الَّذِي كَسَانِي هَذَا (الثَّوْبَ) وَرَزَقَنِيهِ مِنْ غَيْرِ حَوْلٍ مِثْلِي وَلَا قُوَّةٍ

*Alhamdulillahil-ladhi kasaani haadha (ath-thawba) wa razaqanihi min ghairi hawliminni wa la qawwah*

Praise be to Allah who has clothed me with this (garment) and provided it for me, through which I was powerless myself and incapable.  
[to be recited when dressing]  
[sahih al-Bukhari, Muslim, abu Dawud, ibn Majah, at-Tirmidhi]

When wearing new clothes:

اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ خَيْرِهِ وَخَيْرِ مَا هُوَ لَهُ، وَ أَعُوذُ بِكَ مِنْ شَرِّهِ وَشَرِّ مَا هُوَ لَهُ

*Allahumma inni as'aluka min khairihi wa khairi ma huwa lah. Wa a'udhu bika min sharri wa sharri ma huwa lah*

O Allah! I ask You (for) the good in it and the good for which it is made. And I seek Your Protection from the evil in it and the evil for which it is made.  
[ibn as-Sunni]

Said to someone who is wearing new clothes:

تُبْلِي وَيُخْلِفُ اللهُ تَعَالَى .

*Tubli wa yukhliful lahu ta'ala.*

May you wear it out and Allah replace it (with another).  
[abu Dawud 4:41]

Upon exiting the Home

بِسْمِ اللهِ ، تَوَكَّلْتُ عَلَى اللهِ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا  
بِاللهِ

*Bismillah, Tawwakaltu ala-Allah, wa la hawla wa la quwwata illa billah*

In the name of Allah, I place my trust in Allah, and there is no might nor power except  
with Allah.  
[abu Dawud; 4:325, at-Tirmidhi 5:490]

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ أَنْ أَضِلَّ ، أَوْ أُضِلَّ ، أَوْ  
أُزِلَّ ، أَوْ أُزِلَّ ، أَوْ أَظْلِمَ ، أَوْ أَظْلَمَ ، أَوْ أَجْهَلَ ، أَوْ  
يُجْهَلَ عَلَيَّ

*Allahumma inni a'udhubika an adh-dhilla, aw udhalla, aw azzilla, aw uzzalla, aw  
adhlima, aw udhlama, aw ajhala aw yujhala 'alayya*

O Allah! I take refuge with You lest I should stray or be led astray, or slip or be tripped,  
or oppress or be oppressed, or behave foolishly or be treated foolishly.  
[abu Dawud, ibn Majah, Nasa'i, at-Tirmidhi]

Upon entering the Home

بِسْمِ اللهِ وَلَجْنَا ، وَبِسْمِ اللهِ خَرَجْنَا وَعَلَى رَبِّنَا  
تَوَكَّلْنَا

*Bismillahi walajnaa, wa bismillahi kharajnaa, wa 'ala Rabbinaa Tawakkalna*



In the name of Allah we enter and in the name of Allah we leave, and upon our Lord we place our trust.

[abu Dawud; 4:325, Muslim 2018]

Upon Travelling

سُبْحَانَ الَّذِي سَخَّرَ لَنَا هَذَا وَمَا كُنَّا لَهُ مُقْرِنِينَ  
وَإِنَّا إِلَىٰ رَبِّنَا لَمُنْقَلِبُونَ

*SubhanAll-ladhi, sakh-khara lana, haatha, wa-ma kunna lahu mukrineen. Wa inna ila Rubbina lamunqalibuun*

Glory be to Him who has subjected these to our (use), for we could never have accomplished this (by ourselves). And to our Lord, surely must we return.

[Qur'an; 43:13]

اللَّهُمَّ بِكَ أَصُولٌ ، وَبِكَ أَجُولٌ ، وَبِكَ أَسِيرٌ .  
اللَّهُمَّ إِنِّي أَسْأَلُكَ فِي سَفَرِي هَذَا الْبِرَّ وَالنَّيْمَةَ وَالْحَيَاةَ الطَّيِّبَةَ ،  
وَمِنَ الْعَمَلِ مَا تَرْضَى . اللَّهُمَّ هَوِّنْ عَلَيْنَا  
سَفَرَنَا هَذَا وَاطْوِ عَنَّا بُعْدَهُ . اللَّهُمَّ أَنْتَ الصَّاحِبُ  
فِي السَّفَرِ وَالْخَلِيفَةُ فِي الْأَهْلِ . اللَّهُمَّ إِنِّي  
أَعُوذُ بِكَ مِنْ وَعَثَاءِ السَّفَرِ ، وَكَآبَةِ الْمَنْظَرِ ، وَ  
سَوْءِ الْمُنْقَلَبِ فِي الْمَالِ وَالْأَهْلِ وَالْوَالِدِ

*Allahumma bika asool, wa bika ajool, wa bika aseer. Allahumma inna as'aluka fi safarina hadhal-birra wat-taqwah, wa minal 'amali ma tardha. Allahumma hawwin 'alaiyna safarana hadha waTwi 'anna bu'dahu. Allahumma antas-Saahibu fis-safari, wal-khalifatu fil-ahli. Allahumma inni a'udhu bika min wa'tha'is-safar, wa ka'abtil-mandhari, wa soo'il-munqalabi fil-ahli wa-maali, wal-walad*

O Allah! It is with Your Help that I struggle, move and walk. O Allah! I ask You on this our journey for goodness and piety, and for deeds that are acceptable to You. O Allah! Lighten this journey for us and make its distance easy (short) for us. O Allah! You are our Companion on the road and The Guardian-Protector of the household. O Allah! I seek refuge in You from this journey's hardships, and from the disagreeable sights in store and from finding my family and property and children in misfortune upon returning. [Muslim: 2:998, Ahmad]

## Upon Waking up

الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا وَإِلَيْهِ  
الْمَصِيرُ

*lhamdulilahil-ladhi ahyana ba'da ma amaana, wa ilayhin nushuur*

All praise is for Allah who gave us life after having taken it from us and unto Him is the return.

[Sahih al-Bukhari; al-Asqalani in Fath al-Bari; 11:113, Muslim: 4:2083]

## Upon Retiring to Sleep

بِسْمِكَ رَبِّيَّ وَضَعْتُ جَنْبِي وَبِكَ أَرْفَعُهُ ، إِنْ  
أَمْسَكْتَ نَفْسِي فَاعْفُرْ لَهَا ، وَإِنْ أَرْسَلْتَهَا فَاحْفَظْهَا  
بِمَا تَحْفَظُ بِهِ عِبَادَكَ الصَّالِحِينَ

*Bismika Rabbi wad'atu janbi wa bika arfa'a'hu. Fa'in amsakta nafsi faghfir laha. Wa'in arsaltaha fahfadh-ha bima tahfadhu bihi 'iibadakas-salihiin*

In Your Name, O Lord, I lay my side (to sleep). And by (Your leave) I raise it up. So if You take away my soul (during sleep) forgive it, and if You send it back (after sleep) protect it even as You Protect Your pious servants.

[Sahih al-Bukhari; Muslim, abu Dawud, at-Tirmidhi, an-Nasa'i, ibn Majah]