# Index

1. Introduction ........................................................................................................6  
2. Fulfilment Of Religious Needs ...............................................................................7  
3. Death In The State Of Iman ...............................................................................8  
4. Pardon From Allah ﷺ ..............................................................................................8  
5. Shafa'ah (Intercession Of Rasulullah ﷺ) ..................................................................9  
6. Steadfastness Of The Heart .................................................................................10  
7. Creating Noor In The Heart ................................................................................10  
8. Removing Suspicion And Doubt .........................................................................10  
9. Piety In The Family ..............................................................................................11  
10. Protection From The Fire Of Hell ..................................................................11  
11. Noor On The Face ..........................................................................................12  
12. Safety From Punishment In The Grave .............................................................13  
13. Awakening In The Night ................................................................................13  
14. To Simplify The Memorizing Of The Qur'an ....................................................15  
15. Maintaining Correct Beliefs ...........................................................................15  
16. Correcting One’s Beliefs .................................................................................15  
17. Pleasure Of Allah ﷺ ..........................................................................................15  
18. Removing Of A Calamity ..............................................................................16  
19. Assured Acceptance Of Du’a ........................................................................16  
20. Fulfilment Of Any Need ..................................................................................19  
21. Improving The Memory .................................................................................19  
22. Removing Fear And Grief ..............................................................................20  
23. Acquiring A Son ..............................................................................................20  
24. Virtuous Children ............................................................................................20
25. Sterility ........................................................................................................... 21
26. Miscarriage ..................................................................................................... 21
27. Labour Pains .................................................................................................. 21
28. Protecting Children Against Infantile Diseases ........................................... 22
29. Healthy Upbringing Of Children ................................................................... 22
30. For Abundance In Rizq ................................................................................. 23
31. Repayments Of Debts .................................................................................... 24
32. To Please Someone Endowed With Power .................................................. 25
33. To Halt An Oppressor From Oppressing ..................................................... 26
34. Disobedient Children .................................................................................... 27
35. For Insubordination And Disobedience .......................................................... 27
36. Protection Against Evil Men And Jinn ........................................................... 28
37. Removing Fear ............................................................................................... 29
38. To Remove Fear And Fright .......................................................................... 29
39. Security Against All Harms .......................................................................... 30
40. Curing Someone Under The Influence Of Evil ............................................. 34
41. To Drive Out Jinn From A House .................................................................. 35
42. Imam Auza'i (R.A.) And The Evil Jinn ............................................................ 36
43. To Overpower One's Opponents In Debate ............................................... 36
44. To Overcome A Foe In Any Contest Or Battle ............................................. 37
45. Barakah In Produce, Livestock Etc. ................................................................. 38
46. Barakah In Business, Farming, Home Etc. ................................................... 40
47. To Drive Away Pests ....................................................................................... 41
48. For Barakah And Progress In Business ......................................................... 43
49. For Progress And Protection In Business ..................................................... 44
50. To Keep Justice ............................................................................................... 44
51. For Lessening One's Burden .......................................................................... 46
52. When Entering A Town ...............................................................46
53. When Boarding Any Means Of Conveyance/transport ...........47
54. Protection Of A Vessel.............................................................47
55. When The Seas Are Rough.......................................................48
56. For Returning Home Safe And Sound......................................48
57. Fever..................................................................................49
58. For Any Sickness ..................................................................50
59. To Remove Pain ....................................................................51
60. To Cure Insomnia ..................................................................51
61. More Prescriptions For All Types Of Ailments......................51
62. For Melancholy And Depression ...........................................52
63. Palpitation Of The Heart .......................................................53
64. Ailment Of The Heart ..........................................................54
65. Strengthening The Heart .......................................................54
66. To Acquire Freedom From Materialism .................................55
67. Disease Of The Spleen ..........................................................55
68. For A Specific Pain ................................................................55
69. Headaches..........................................................................56
70. Migraine .............................................................................57
71. Inflammation Of The Eyes .....................................................58
72. Strengthening The Eyesight ...................................................60
73. Pain In The Kidney ...............................................................61
74. Epilepsy ...............................................................................61
75. Paralysis Of The Body ..........................................................62
76. Leprosy...............................................................................63
77. Itching Of The Body .............................................................65
78. Bone Fracture .....................................................................66
79. Forgetfulness .................................................................66
80. To Remove Hardheartedness............................................67
81. Barakah In Food ............................................................67
82. The Price Of Jannah ........................................................67
83. Nightmares .....................................................................67
84. Insomnia ..........................................................................68
85. The 99 Beautiful Names Of Allah .................................68
86. For Protection Against Thieves ........................................69
87. Safeguarding Of Money And Valuables ..............................71
88. To Find A Lost Object ....................................................71
89. For The Return Of Someone Who Has Absconded ..........72
90. Ensuring The Safety Of Ones Family And Property During Ones Absence ........................................72
91. Protection Against All Types Of Animals, Insects And Reptiles ............................................................73
92. Protection Against Snakes And Scorpions .......................73
93. To Prevent Dangerous Animals, Harmful Insects And Reptiles From Entering The House .................74
94. When Fearing An Attack From An Animal .........................75
95. When Bitten By A Poisonous Insect Or Snake ..................75
96. When Stung By An Insect ................................................76
97. General Protection ..........................................................76
98. To Drive Out Ants From The House ................................76
99. To Drive Out Mosquitoes, Fleas Etc .................................76
100. Release From Imprisonment ...........................................77
101. A Muslim’s Invisible Enemies And The Way To Overcome Them: ......................................................77
INTRODUCTION

All praise be to Allah ☪, ‘The Exalted’, the Lord of the worlds, the All-Merciful, All-Compassionate, the Master of the Day of Judgement. We bear witness that there is no true God but He, the Lord of the past and future nations and Sustainer of heaven and earth, may peace and blessings of Allah ☪ be upon the one who was sent as a mercy to the worlds. We bear witness that Muhammad ☪ is the Messenger of Allah ☪, his family and Companions, and upon those who believe in his guidance and follow his footsteps until the Day of Judgement.

It is natural in this life that people will suffer worries and stress, because this world is a place of disease, hardship and suffering. It is also natural in this life that people have to put up with suffering and hardship for various reasons, as is indicated in the Qur’an:

*Man has been created weak.*

An-Nisa 28

Also many verses of the Qur’an and Prophetic traditions contain spiritual and material methods for treating many psychological and physical diseases. Allah states in the Qur’an;

‘And we send down (stage by stage) from the Qur’an that which is a healing and a mercy to those who believe, to the unjust it causes nothing but loss after loss.’

Bani-Israil:82

The Prophet ☪ said: “Whatever the disease, Allah ☪ has created a medication for it, regardless of the fact that some men may come to know what this medication is and others may not.”

It is also natural that people have their own problems, worries and diseases in this life, but what should count is how one deals with all of
them. The believer will seek solutions to such worries in the Holy Qur’an and Sunnah where there is the true remedy. This book contains prescriptions for problems, worries, disease and much more; the sources being the Holy Qur’an and Sunnah, as well as the experiences of the pious, as long as they are in accordance to the Qur’an and Sunnah.

FULFILMENT OF RELIGIOUS NEEDS

A. ﴿الفَٰثْرُ ﷺ ﷺ ﷺ ﷺ ﷺ َاللهُ ﻻ ﷺ إِلَّا ﷺ هوَ الْحَيُّ الْقَيْمُ﴾

Alif Laam Meem. Allah!
There is none worthy of worship but He,
The Ever-Living, The Eternal.

Al Imran 1,2

Significance: According to some Hadith. The Ismul-A’zam is contained in this verse. It is most effective if read continually in times of calamity.

B. ﴿لَا إِلَهَ إِلَّا ﷺ أَنتَ سُبْحَانَكَ إِنِّي كُنتُ مِنَ الْظَّلَمِيِّينَ﴾

None is worthy of worship besides You.
You are Pure (and) surely, I am from among the transgressors.

Al Ambiya 87

Significance: The Ismul-A’zam is according to other traditions contained in the above verse. A person will profit tremendously if he recites it for any legitimate purpose.
Significance: The Ismul-A’zam is, according to some, concealed in the above verse. Anyone who recites it seven times in the morning, an angel will be appointed to seek pardon on his behalf till the evening. If he happens to die on that day, he will die as a martyr. ‘And if he reads it seven times in the evening, the angels will seek pardon for him till the morning. If he happens to die during the night, he will die as a martyr.

DEATH IN THE STATE OF IMAN

Our Lord! Let not our hearts deviate after You have guided us. And (instead) grant us Your special mercy, for You are the Granter of bounties without limits.

Significance: Anyone who recites this Du’a after each Salaah, he shall die in the state of Iman — Insha Allah.

PARDON FROM ALLAH
Our Lord! We have wronged our souls: If You do not forgive us and bestow upon us Your mercy, then we shall certainly be from amongst the losers.

Al A'raf 23

Significance: Anyone who recites this Du’ā a once after every Fardh Salaah, Allah  will grant him pardon - Insha-Allah. This is the Du’ā of Adam  after he was transferred on to the earth.

SHIFA’AH (INTERCESSION OF RASULULLAH ﷺ)

Surely, an Apostle from amongst you has come unto you: Your harms grieve him: he is ardently anxious over you: to the Believers he is not kind and merciful. But if they turn away, say: ‘Allah suffices me: There is none worthy of worship but He: upon Him is my trust - He is Lord of the Great Throne.’

At Tawbah 128,129

Significance: Whoever recites these verses once after every Salaah, he will attain the intercession of Rasulullah ﷺ on the Day of Judgement - Insha-Allah. Moreover, it is very effective in removing any harm.
STANDFASTNESS OF THE HEART

فَاسْتَقِمْ كَمَا أُمِرْتَ وَمَنْ تَابَ مَعَكَ

Be firm (upon the Right Path) just as You had been commanded and those who had repented with You, (had been commanded).

Hud 112

Significance: For steadfastness of the heart, recite 11 times after every Salaah.

CREATING NOOR IN THE HEART

A. SURAH AL KAHF

Significance: Whoever recites Surah Al Kahf once every Friday, his heart will remain filled with noor till the following Friday. Whoever recites the first 10 verses of this Surah every day, he will be safe-guarded against the fitnah of Dajjal.

REMOVING SUSPICION AND DOUBT

رَبِّ أَعُوذُ بِلَكَ مِنْ هَمَّزَتِ الشَّيَطَانِ

وَأَعُوذُ بِلَكَ رَبِّ أَنْ يُصَلِّفَنَّ

My Lord! I seek your protection from the prompting of the Devils; and my Lord! I seek your protection from them approaching me.

Al Muminun 97,98

Significance: The excessive recitation of the above verses removes all suspicion and doubt.
PIETY IN THE FAMILY

Our Lord, let our wives and offspring be a means of the coolness of our eyes and make us the leaders of the righteous people.

Al Furqan 74

Significance: Anyone desirous of righteous children and a righteous wife should recite the above verse once after each Salaah.

PROTECTION FROM THE FIRE OF HELL
Ha. Mim. This Heavenly Book is sent down from Allah, the Almighty, the All-Knowing.
Ha. Mim. This Quran has been sent down from Allah, the Most-Kind, the Ever-Merciful.


Ha. Mim. By the Book luminous!
Ha. Mim. By the Luminous Book that makes plain the Truth- Surely We have sent it down during a blessed night-truly it is for Us to give timely warning (against evil).

Ha. Mim. This Heavenly Book has been sent down from Allah, the Almighty, the All-Wise.
Ha. Mim. This Heavenly Book is sent down from Allah, the Almighty, the All-Wise.

Significance: Anyone who recites the above seven Ha Mims constantly, the door of Hell-fire will always remain closed for him, but a person should rather try to recite as much of the Qur’an as possible.

NOOR ON THE FACE

 Truly, it is He who is Beneficent, Merciful.

At Tur 28

Significance: Anyone who recites the above verse 11 times, his face will shine brightly on the Day of Qiyamah ... Insha-Allah.
SAFETY FROM PUNISHMENT IN THE GRAVE

Significance: Anyone who recites Surah Al-Mulk daily will be safeguarded against the punishment of the grave.

AWAKENING IN THE NIGHT

A. And remember the time when We made The House a place of worship for the people and a place of safety. And take the Maqam Ibrahim as a place of performing Salaah. And We decreed to Ibrahim and Isma’il that they should purify My House for those who observe Tawaaf of it and those who observe Ruku and those who observe Sajdah (in prayers)

\[\text{Al Baqarah 125}\]

Significance: It was found written by a certain sage, that anyone who recites the above verse before retiring to bed, he will be able to get up at any time he desires.

B. And in the heavens and the earth, and what they encompass, there is the pledge of Allah, the truthful. And on that day, there is no doubting, nor is there any disputing. And with them there will be a reward equal to what they earned. And on that day, there is no doubting, nor is there any disputing.

\[\text{Quran 42:21}\]
Verily in the creation of the heavens and the earth,
and in the alternation of night and day
there are (mighty) signs for men of understanding-
Those men of understanding who remember Allah standing
and sitting and lying on their sides, and keep reflecting on the
wonders of the creation of the heavens and the earth (and admit
saying): “Our Lord! You have not created all this (Universe) in vain.
Glory be to You! Save us Lord!
from the torment of the Blazing Fire.
“Our Lord! whomsoever You cause to enter Hell,
him You have surely disgraced, and for the wrongdoers
there shall be no helpers.
“Our Lord! we have heard a proclaimer calling to Faith (saying):
‘Believe in your Lord;’ so we have come to believe.
Our Lord! forgive us our sins, and wipe off our misdeeds from us
and cause us (in all grace) to die with the righteous.
“Our Lord! grant us that which You have promised to us through
Your Apostles and disgrace us not on the Day of Reckoning.
Surely You never fail in your Promise.”

Al Imran 190,194

Significance: Anyone who recites the first 5 verses of the last Ruku of Surah Al-Imran before going to bed, his Iman will remain intact and he will be able to wake up at any time he desires without any assistance whatsoever.

TO SIMPLIFY THE MEMORIZING OF THE QUR’AN

Significance: Recite Surah Muddath-thir, then make Du’a. Insha-Allah memorising the Qur’an will become easy.

MAINTAINING CORRECT BELIEFS

Significance: Excessive recitation of Surah Al-Ikhlaas will enable a person to adopt and maintain correct beliefs and safeguard himself against shirk.

CORRECTING ONE’S BELIEFS

Significance: Recite Surah Al-Ikhaas morning and evening. It is very effective in safeguarding one’s Iman and beliefs.

PLEASURE OF ALLAH 🙏

The Forgiver of Sins

Significance: To have one’s sins atoned and to gain the pleasure of the Almighty, recite the above name of Allah 🙏 excessively.
REMOVING OF A CALAMITY

Allah suffices for us and He is the Best Disposer of affairs.

Al Imran 173

Significance: Continuous recitation of the above verse is very effective in removing all difficulties and calamities.

ASSURED ACCEPTANCE OF DUA

A. إِنَّ فِي خَلْقِ السَّمَوَاتِ وَلَاءِزْمِ وَاخْتِلَافِ الْيَلِّ وَالْبَحْرِ لَآ أَيْتِ لَأْوَى الْأَلْبَابِ الَّذِينَ يَذَكَّرُونَ اللَّهَ قَيِّمًا وَقَوْيًّا وَعَلَى جَنُوبِهِمْ وَيَتَفَصَّلُونَ فِي خَلْقِ السَّمَوَاتِ وَلَاءِزْمِ وَاخْتِلَافِ الْيَلِّ وَالْبَحْرِ رَبِّنَا مَا خَلَقْتَ هَذَا بَطِلًا سُبْحَانَكَ فَقَبْنَا عَذَابَ النَّارِ رَبِّنَا إِنَّكَ مَنْ تَدْخِلِ النَّارَ فَقَدْ أَحْزَيْتُهُ وَمَا لِالظَّلِيمِينَ مِنْ أَنْصَارِنَا رَبِّنَا إِنَّا سَمِعْنَا مَنَادِيًا يُنَادِيُّ لِلَّهِمَّ يَا أَلَٰمِنِ أَنَّ أَمْنُوا بِرَبِّكَمْ فَأُمَتِّنُكَ لَنَفِرْ لَنَا ذُنُوبُنَا وَصَفِرْ عَنُّا سَبِيَّاتِنَا وَتَوَفَّنَا مَعَ الأَبْرَارِ رَبِّنَا وَأَنْتَا مَا وَعَدْنَا عَلَى
Significance: Rasulullah ﷺ used to recite the above verses after *Tahajjud Salaah*. The fact that Rasulullah ﷺ used to recite them after *Tahajjud* is sufficient proof as to the assured acceptance of the *Du’a* that appear in them. Any *Du’a* made after their recital will also be accepted by Allah ﷻ — *Insha-Allah*.

B. ۚفَقُلْ اسْتَغْفِرْنَا رَبَّنَا إِنَّهُ كَانَ غَفَّارًا ۚ يُرِسِِلِّ

السَّمَاءَ عَلَيْكُمْ مِدْرَارًا ۚ وَيُمَدِّدْكُمْ بأَمْوَالٍ

وَبِنيّنْ وَيَجْعَلُ لَكُمْ جَنَّتٍ وَيَجْعَلُ لَكُمْ آنَهَرًا

*And I said: Ask forgiveness from your Lord for He is Oft-Forgiving*  
*He will send rain to you in abundance,*  
*He will give you increase in wealth and sons and bestow on you gardens and bestow on you rivers.*  

*Nuh 10,12*

Significance: *Du’a* are certainly accepted after *Istighfar* as understood from the above.
Significance: Recite Aayatul-Kursi 70 times after Asr Salaah on Friday. Sit in seclusion while doing this. A special and marvelous feeling will be experienced in the heart. Any Du’ā made after this, will be assuredly accepted by Allah — Insha-Allah.

D.

The One who Responds.

Significance: For the assured acceptance of Du’ā call upon Allah by His above attribute numerous times while making Du’ā.
FULFILMENT OF ANY NEED

فَإِن تُوَلَّوْا فَقُلْ حَسَبِيَّ اللَّهُ وَلَا إِلَهَ يَلَّاهُ إِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ

But if they away, say: Allah suffices me.
None is worthy of worship but He.
On Him is my trust and He is the Lord of the Supreme Throne.

At Tawbah 129

Significance: Abu Darda relates that any person who recites the above ayah 100 times, all his worldly needs and his needs pertaining to the Hereafter will be fulfilled.

IMPROVING THE MEMORY

رَبِّ اشْرَحِ لِيْ صَدْرِي ۚ وَبِسِيرِ لِيْ أَمْرِي ۚ وَأَحْلِلْ عَقْدَةَ مِنْ لِسَانِي ۚ يُفْقِهُنَّآٞ قَوْلِيْ

My Lord! Expand for me my bosom.
Ease my task for me.
Remove the knot from my speech so that they may understand what I say.

Ta-Ha 25,28

Significance: For strengthening the memory and progressing in knowledge recite the above verses everyday after Fardh Salaah.
REMOVING FEAR AND GRIEF

Significance: The recitation of Surah Nooh is very effective in removing grief and fear. Also Surah Yasin is most effective in removing all types of fear — especially for one’s life. It is reported from Ibnul-Kalbi that a certain person’s life had been threatened. He reported the matter to an alim who advised him to recite Surah Yasin every time he leaves his home. He did exactly as he was told with the result that every time he came before his enemy, the latter failed to see him.

ACQUIRING A SON

زَبٍّ هَبْ لِيٍّ مِنْ لَدُنْكَ دُرِّيَةَ طَيِّبَةٍ

إِنَّكَ سَمِيعُ الدُّعَاءِ

فَتُبْدِئُي مِنْ نَفْسِي أَمْثَالَ مَسِيحَ الْمُسْتَقِيمِ

O My Lord! Grant me from Yourself a progeny that is pure: for You are the Granter of prayers.

Al Imran 38

Significance: By the excessive recitation of the above verse, a person will acquire a virtuous and righteous son. — Insha Allah.

VIRTUOUS CHILDREN

زَبٍّ لَا تَذْرِّي فَرَدًا وَآتِيَت حِيْرُ الْوَرِثِيْنِ

O my Lord! Do not leave me without offspring. Surely, You are the best of inheritors.

Al Ambiya 89
**Significance:** Recite the above *ayah* three times after every Salaah. Good and righteous children will be granted — *Insha Allah.*

**STERILITY**

*البَارِئُ الْمُصَّبِّرُ*

The Shaper out of naught, The Fashioner.

**Significance:** If a barren woman fasts for seven days and after breaking her fast with water, (she should eat food thereafter) reads the above Name of Allah ۚ 21 times then she will soon conceive — *Insha Allah.*

**MISCARRIAGE**

A. عَلَى اللَّهِ يَعْلَمُ مَا تحْمِلُ كُلُّ أُنثى وَمَا تَغْيِضُ الارْحَامُ

وَمَا تَرْدَدُهُ وَكُلُّ شَيْءٍ عِنْدَهُ بِمِقْدَارِهِ

*Allah knows that which every female bears and that which the wombs absorb and that which they grow. And everything with Him is measured.*

*Ar Ra’đ 8*

**Significance:** If there is fear of miscarriage the above verse should be recited.

**LABOUR PAINS**

أوَلَمْ يَرَ الْذِّينَ كَفَرُواُ أَنَّ السَّمُوتَ وَالْأَرْضَ كَانَتا رَتِيقًا
Have not those who disbelieve known that the heavens and the earth were of one piece, then We parted them, and We made every living thing of water? Will they not then believe?

Al Ambiya 30

Significance: When a woman is in the throes of labour, the above verse should be recited by someone (female or mahram male) and then blown on the stomach or back of the woman.

PROTECTING CHILDREN AGAINST INFANTILE DISEASES

Lo! have put my trust in Allah, My Lord and your Lord. There is not an animal but He (Allah) grasps it by its forelock! Lo! My Lord is on the Straight Path.

Hud 56

Significance: To protect a child from such sicknesses which normally afflict children, the above ayah should be recited and blown on the child.

HEALTHY UPBRINGING OF CHILDREN
He Who made everything par excellence which He created, and He began the creation of man from clay. Then He created his progeny from an extract of mean water. Then He set him aright in form and feature and breathed into him of His Spirit, and He gave you ears, eyes and hearts. But you give little thanks (for these gifts).

As Sajdah 7

Significance: The above verses should be recited and du’a should be made.

FOR ABUNDANCE IN RIZQ

A. 

Allah is gracious unto His slaves — He provides for whom He wills. And He is the Strong, the Mighty.

As Shura 19

Significance: For increment in one’s rizq, recite the above ayah excessively after each Salaah.
B. 

وَمَن يَتَوَكَّلُ عَلَى اللَّهِ فَهُوَ حَسْبَهُ وَإِنَّ اللَّهَ بِشَٰهِدَاتٍ أَمِيرٌ

قد جعل الله لِكُلِّ شِئٍ قَدِئْرًا

And whoever puts his trust in Allah, He will suffice him.
Lo! Allah brings His commands to pass.
Allah has set a measure for all things.

At Talaq 3

Significance: Excessive recitation of the above ayah is very effective in removing poverty. If it is recited for any purpose, it will be realised — Insha Allah.

C. Surah Al Qalam

Significance: Recitation of Surah Al-Qalam in Salaah removes poverty.

D. Surah Al Qari’ah

Significance: Excessive recitation of Surah Al-Qari’ah is very effective in increasing one’s rizq.

REPAYMENT OF DEBTS

قُلِ اللَّهُمَّ مِلْكُكَ مَلِكُكَ تَؤْتِى الْمَلِكَ مِنْ تَشَآءُ وَتَنْزِعُ

الْمَلِكَ مِمَّنْ تَشَآءُ وَتُعْزُرُ مِنْ تَشَآءُ وَتُدِلْ مِنْ تَشَآءُ وَبِيَدِكَ

الْخَيْرُ بِانْثِكَ عَلَى كُلِّ شِئٍ قَدِئْرًا
Say: O Allah! Master of the sovereignty!
You give sovereignty to whomever You desire,
and withdraw sovereignty from whomever You desire.
You exalt whomever You desire and debase whomever You desire.
In Your hand is goodness.
Truly, You possess power over everything.

Al Imran 26

Significance: Recite the above verse seven times after Fajr and seven times after Maghrib. *Insha Allah*, Allah will make means for debts to be settled.

TO PLEASE SOMEONE ENDOwed WITH POWER

A. 

كم أتينهم من أيه بينة ومن يبديل

نعمة الله من بعد ما جاءته فإن الله شديد العاقب

How many a clear revelation we bestowed upon them.
He who after the grace of Allah after it been granted to him,
Allah will punish him. Lo! Allah is severe in punishment.

Al Baqarah 211

Significance: Recite the following verse thrice and then blow on yourself. After doing this go before the person endowed with power (such as a chief, judge etc.) *Insha Allah* he will display much sympathy and leniency.

 سبحانه الله و تعالى عَمَّا يُشرِكُونَ وَرَبِّكَ يَعَلَّمُ

ما تِكْنُ صِدْرُوهُم وَمَا يَعْلِنُونَ وَهُوَ اللهُ لَا إِلَهَ إِلَّا هُوَ
Glorified be Allah and exalted above all they associate (with Him).
And Your Lord know what their breasts conceal and what they publish.
And He is Allah. There is no God save Him.
For Him is all praise in the former and latter (state).
For Him is command and unto Him you will be returned.

Significance: The above ayaat should be recited seven times when there is fear that one’s opponent will give false evidence before a judge provoking him to carry out judgement wrongfully. After reciting them seven times, the following verse should be recited thrice before appearing in front of the judge. Insha Allah the reciter will be safeguarded from all forms of evil.

TO HALT AN OPPRESSOR FROM OPPRESSING

A.

And you will remember what I say unto you.
I confide my cause unto Allah.
Lo! Allah is ever watchful over his slaves.

Significance: Reciting the above ayah in the presence of the oppressor will safeguard the reciter from his oppression.
DISOBEDIENT CHILDREN

And (O Allah), be gracious towards me in the matter of my off-spring. And surely, I have returned to You in repentance, and surely, I am of those who surrender (to You).

Al Ahqaf 15

Significance: Anyone whose children are disobedient should recite the above Du’a after every Salaah. Insha Allah they will soon become obedient. But have in mind one’s children when saying the word Dhurriyyati.

FOR INSUBORDINATION AND DISOBEDIENCE

Lo! I have put my trust in Allah who is my Lord and your Lord. There is no animal but He grasp it by its forelock. Verily my Lord is on the straight path.

Hud 56

Significance: If a person is guilty of insubordination, his/her forelock should be grasped and the above ayah be recited 3 times. Thereafter he/she should be “blown” on. By doing this, Insha Allah, he/she will become obedient, as in accordance to Shariah.
PROTECTION AGAINST EVIL MEN AND JINN

A. 

Allah, none is worthy of worship except He, the Hayyul Qayyoom (the ever-living, the One who sustains and protects all that exists).
Neither slumber nor sleep overtakes Him.
To Him belongs whatever is in the heavens and earth. Who is there that can intercede before Him except by His permission?
He knows what happens to them before them and behind them.
And they will never encompass anything of His knowledge except that which He wills.
His throne extends over the heavens and earth.
And He feels no fatigue in guarding them.
And He is Most High, Most Great.

Significance: Recitation of the ayatul Kursi once after every Salaah will cause Allah to protect the reciter against the mischief of evil men and jinn. In fact, according to one Hadith, the Shaytan acknowledged his inability to harm anyone who recites Aayatul Kursi.
B. Surah Al-Falaq And Surah An-Nas

**Significance:** The last 2 Surah of the *Holy Qur'an*. To be recited for protection against sicknesses, sorcery, etc. Reciting them before going to bed will afford the reciter security against all calamities.

C. Surah Al-Ikhlas

**Significance:** Help through the constant recital of *Suratul Ikhlaas*, the 3rd last Surah of the *Holy Qur’an should be sought for any calamity.

**REMOVING FEAR**

> فَاللَّهُ خَيْرُ حَفْظٍ وَهُوَ أَرْحَمُ الرُّحْمَينَ

*And Allah is the best of Protectors and He is the Most Merciful of all who show Mercy.*

---

Yusuf 64

**Significance:** One who is terrified of his enemy or fears the approach of any calamity should recite the above verse excessively. *Insha Allah* his fears will disappear and any possible calamity will be averted.

**TO REMOVE FEAR AND FRIGHT**

> وَإِذَا قَرَأَتِ الْقُرْآنَ جَعَلْنَا بَيْنَكَ وَبَيْنَ الَّذِينَ لَا يُؤْمِنُونَ بالآخِرَةِ جَابًا مَسْتُورًا وَجَعَلْنَا عَلَى قُلُوبِهِمْ أَكْنَةً آنَ

---
And (O My Apostle!) when you recite the Quran,
We set up (to intervene) between you and those
who believe not in the Hereafter a hidden
veil invisible to the eye And We put coverings on their
hearts that they may not understand it,
and (cause) a heaviness in their ears.
And when you mention your Lord alone in the Quran,
they flee away turning on their back in aversion (from the Truth)

Bani Israil 45,46

Significance: The above verses should be recited and blown on any
person who is frightened, shocked or terrified. These verses are very
effective in removing horrifying thoughts as well.

SECURITY AGAINST ALL HARMs

A. ﷲ رَبُّنَا وَرَبِّكُمْ ﻟَنَا أَعْمَالُنَا وَلَكُمْ أَعْمَالُكُمْ

لاَحْجَةَ بَيْنَنَا وَبَيْنَكُمْ ﺇِلاَّ ﻋِلْمُ ﻋِلْمِهِ ﻻَّدَاءَ

Allah is our Lord and your Lord.
For us is our works and for you is your works.
There are no arguments between us and you.
Allah will bring us together.

Ash Shura 15

Significance: When one fears any injury from any person or animal,
the above verse should be recited and “blown” in the direction of such
a person or animal. *Insha Allah*, the person doing this will be protected
against any injury.

B.

قُلْ لَنْ يَصِيبَنَا إِلَّا مَا كَتَبَ اللهُ لَنَا هُوَ مُؤَمِّنُنَا

وَعَلَى اللَّهِ فَلَيْتَوَكَّلَ الْمُؤَمِّنُونَ

Say: “Nothing shall ever happen to us except what Allah has
ordained for us. He is our Maula (Lord, Helper and Protector).”
And in Allah let the believers put their trust.

*At-Tauba* 51

وَإِنْ يَمْسَكَ اللهُ بِضُرٍّ فَلَا يَكَاشِفَ لَهَ إِلَّا هُوَ

وَإِنْ يُرَدَّكَ يَخْيَرْ فَلَا رَآدَ لِفَضْلِهِ فَ لَيَصِيبُ بِهِ

مَنْ يَشَاءَ مِنْ عِبَادِهِ وَهُوَ الْغَفُورُ الرَّحِيمُ

And if Allah touches you with hurt, there is none
who can remove it but He, and if He intends any good for you,
there is none who can repel His Favour which
He causes it to reach whomsoever of His slaves He wills.
And He is the Oft-Forgiving, the Most Merciful.

*Yunus* 107

وَمَا مِنْ دَأْبَةٍ فِي الْآرْضِ إِلَّا عَلَى اللهِ رَزْقُهَا وَبِعَلْمِ

مُتَسْقِرَهَا وَمُسْتَوْدَعَهَا كُلُّ فِي كَتِبِ مُبِينٍ
And no moving (living) creature is there on earth but its provision is due from Allah. And He knows its dwelling place and its deposit (in the uterus, grave). All is in a Clear Book (Al-Lauh Al-Mahfuz - the Book of Decrees with Allah).

Hud 6

إِنِّي تَوَكَّلْتُ عَلَى اللَّهِ رَبِّي وَرَبِّكَ مَا مِنْ ذَاتِ الْأَلْوَى إِلَّا هُوَ أَحْدَثُ بِنَاصِبَتِهَا إِنْ رَبِّي عَلَى صِرَاطٍ مُسْتَقِيمٍ

“I put my trust in Allah, my Lord and your Lord! There is not a moving (living) creature but He has grasp of its forelock. Verily, my Lord is on the Straight Path (the truth).

Hud 56

وَسَكَانِينَ مِنْ ذَاتِ الْأَلْوَى لَا تَحْمَلُ رَزْقَهُمْ اللَّهُ يَرْزُقُهُمْ وَإِيَّاكُمْ رَبُّ السَّمِيعُ الْعَلِيمُ

And so many a moving (living) creature carries not its own provision! Allah provides for it and for you. And He is the All-Hearer, the All-Knower.

Al-‘Ankabut 60

مَا يُفْتَحِي اللَّهُ لِلنَّاسِ مِنْ رَحْمَةٍ فَلاَ مَمِسَّكَ لَهَا وَمَا يُمِسَّكَ فَلاُ مُرْسَلُ لَهُ مِنْ بَعْدِهِ وَهُوَ الْعَرِيَّ الْحَكِيمُ

Whatever of mercy (i.e. of good), Allah may grant to mankind, none can withhold it;
and whatever He may withhold, none can grant it thereafter. And He is the All-Mighty, the All-Wise.

Fatir 2

And verily, if you ask them: “Who created the heavens and the earth?” Surely, they will say: “Allah (has created them).” Say: “Tell me then, the things that you invoke besides Allah - if Allah intended some harm for me, could they remove His harm? Or is He (Allah) intended some mercy for me, could they withhold His Mercy? Say: “Sufficient for me is Allah; in Him those who trust (i.e. believers) must put their trust.”

Az-Zumar 38

Significance: Ka’ab bin Ahbar Ḥ is reported to have said that any person who recites the following seven verses everyday will have no reason to fear any type of harm, whatsoever.

C. Surah Yasin

Significance: It is reported from Ibnul-Kalbi R.A. That a man whose life
had been threatened consulted an Alim who advised him to recite Surah Yasin prior to leaving his home. He did just as he was told. The result was that his enemy failed to even notice him.

CURING SOMEONE UNDER THE INFLUENCE OF EVIL

A. 

Do you think We have created you in jest and that you would not be brought back to us (for accountability)?

Hence, exalted be Allah, The True King.

None is worthy of worship besides He,

The Lord of The Throne of Honour.

Al Mu’munun 115,118

Significance: Anyone under the influence of an evil spirit — to cure him, any person should recite the above ayaat thrice and “blow” in a glass of water and sprinkle such water on the patient’s face. Alternatively, they should be recited thrice next to his ears. Relief will be noticed instantaneously. Insha Allah
B. Surah Al-Fatihah, Ayatul Kursi and the beginning 5 verses of Surah Jinn.

Significance: For someone under the influence of evil spirits, recite Surah Al-Fatihah, Ayatul Kursi and the beginning 5 verses of Surah Jinn. Then blow on clean water and sprinkle it on the afflicted person’s face. If the house is also suspected of any influence, the same water could be sprinkled all over the house.

TO DRIVE OUT JINN FROM A HOUSE

Significance: It is reported from Ibnu Qutaibah R.A. that a certain trader went to Basrah to do some buying and selling of dates. On his arrival in Basrah, he began inquiring for a decent accommodation but couldn’t find one. After much seeking he came across a vacant house filled with spider webs. On inquiring from the people the reason for its emptiness he was told that a Jinn is believed to be occupying the house. When he approached the landlord, the latter tried to dissuade him by saying; “Why do you want to jeopardise your life? A powerful Jinn lives there! Whoever stayed there hasn’t come out alive!” The trader insisted by saying; “Allah is my helper! Please, I must have the house!”

However, the landlord had no choice but to concede to his request. From here the story is taken up by the trader. He says; “I occupied the house. Late in the night my eyes suddenly opened and I saw a dark human form approaching me, it’s eyes bloodshot — as if bright flames were leaping from them. I immediately began reciting Ayatul Kursi. Every sentence I recited was recited by the Jinn (in an attempt to counter attack)... until I reached

وَلَا يَؤْتُوا هَٰذَا حِفْظَتُهُمَا وَهُوَ الَّذِي عَظِيمُ
This last sentence he could not utter. I began uttering this sentence repeatedly until I saw the form disappearing. No trace of it seemed to have ever existed. I spent the rest of the night in total comfort. In the morning I scrutinised the place where the Jinn was seen... only to find its remains in the form of a small heap of ashes. Then, from nowhere a voice was heard saying: “You have burnt a powerful Jinn to ashes”! I asked; “What caused him to burn”? The voice replied; The verse:

\[
\text{Their preserving never makes Him weary.} \\
\text{He is The Sublime, The Great.}
\]

IMAM AWZA’I R.A. AND THE EVIL JINN

\[
\text{I seek Allah’s refuge from the devil accursed.}
\]

Significance: Imam Awza’i R.A. is reported to have said that once an evil Jinn suddenly confronted him, frightening him tremendously. He immediately recited the above ayah. The Jinn escaped, crying: “You have sought refuge from The Great! You have sought refuge from The Great!”

TO OVERPOWER ONE’S OPPONENT IN DEBATE

\[
\text{You say to the people:} \quad \text{Jā'ābūhā al-nās } \quad \text{Qād } \quad \text{Jā'ābūhā kām } \quad \text{Bārhānī kām } \quad \text{Rābīkām } \quad \text{Wātārinā } \quad \text{Lī'ikām } \quad \text{Nūrā } \quad \text{Mū'minān } \quad \text{Fāmā } \quad \text{Al-dhī'ān } \quad \text{Amnōwā}
\]
O mankind! there assuredly has come to you a clear proof from your Lord and We have sent down to you a light manifest that guides you to the straight path. Verily those who believe in Allah, and hold fast to His Rope, very soon Allah shall cause them to enter His Mercy and Grace and shall guide them to a straight path towards Himself.

An Nisa 174,175

Significance: To overcome an enemy in an argument one should recite the above verse.

TO OVERCOME A FOE IN ANY CONTEST OR BATTLE

A. Suratul-feel

Significance: Recitation of Suratul-feel will ensure victory for its reciters when fighting the enemy.

B. Ayatul Kursi

Significance: If Ayatul Kursi is recited before a battle, victory is a certainty, Insha Allah.

C. The hosts will be defeated and they will turn their backs and flee.

Al Qamar 45
Significance: Reciting the above ayah and blowing on soil, then throwing such soil in the direction of the enemy will ensure defeat of the enemy.

D. 

وَمَا رَمَيْتَ إِذْ رَمَيْتَ وَلَكِنَّ اللَّهُ رَمَيْتَ وَلَيْبَلِي

المُؤْمِنِينَ مِنْهُ بَلَاءَ حَسْنًا إِنَّ اللَّهَ سَمِيعٌ عَلِيمٌ

إِذَا أَزْلَلَتِ الْأَرَضُ زِلَّالَهَا وَأَخْرَجَتِ الْأَرْضُ أَنْفَقَالِهَا

وَقَالَ الْإِنْسُ مَا هَا يُومُ مَذَٰلِكَ تَخْتَذِلُ أَخْبَارُهَا

بِأَنَّ رَبَّكَ أَوْحَى لَهَا يُومُ مَذَٰلِكَ يَصِدُّ النَّاسُ أَشْتَانَانَا

O My Apostle! the dust that you did throw, it was not you who threw it at them when you threw, but Allah threw in order to bestow a favour upon the Believers, a goodly favour from His Presence. Verily Allah is the All-Hearing, the All-Knowing. When the earth is shaken to its utmost shaking - And the earth throws up her burdens - And man says (distressed): “What has happened to it?” On that Day it shall narrate all its news - For your Lord has (so) commanded it. On that Day people will return towards their Lord,

Significance: Ibnul Kalbi reports that a very reliable person once told him about Muslims of a certain town besieged by the kuffar. A pious
person amongst the Muslims recited the above verses and ‘blew’ on a handful of soil and had the soil scattered in the camping grounds of the enemy. The result was that the enemy began fighting amongst themselves and dispersed.

BARAKAH IN PRODUCE, LIVESTOCK, ETC.

Allah is He Who has created the heavens and the earth and sends down water (rain) from the sky, and thereby brought forth fruits as provision for you; and He has made the ships to be of service to you, that they may sail through the sea by His Command; and He has made rivers (also) to be of service to you.

And He has made the sun and the moon, both constantly pursuing their courses, to be of service to you;
and He has made the night and the day, to be of service to you. And He gave you of all that you asked for, and if you count the Blessings of Allah, never will you be able to count them. Verily! Man is indeed an extreme wrong-doer, a disbeliever.

Ibrahim 32,34

Significance: If recited once in the morning, once in the evening and once when going to bed, Allah will put barakah in his crops, livestock etc. if recited before undertaking a journey Allah will protect him and his belongings from all calamities.

BARAKAH IN BUSINESS, FARMING, HOME, ETC.

A.
In the name of Allah, Most Beneficent, Most Merciful.
Alif- Lam- Mim- Ra.
These are the Verses of the Divine Book.
And that which has been sent down to you from your Lord is the Truth, but most of the people believe not (because of their wrong-headedness).
Allah it is (the Mighty and the Wise) Who has raised the heavens without pillars (as) you see them, then He settled (Himself) on the Throne of Power, and made the sun and the moon subservient to His command.
Each one running its course to an appointed term.
He plans every affair, and explains clearly His Signs that haply you maybe certain of the Meeting with your Lord.
And He it is Who has spread the earth, and set therein firm mountains and rivers.
And fruits of every kind He has made therein in pairs, two and two. He covers the day with the night.
Verily in all these are Signs of His Might for a people who reflect.

Ar Ra’ad 1,3

Significance: For progress and barakah in one's business, recite these verses.

TO DRIVE AWAY PESTS

A. وَقَالَ الَّذِينَ صَفَرُوا لِسُلْسِلَهُمْ لِنَخْرِجَ عَنكُمْ مِنَ
And the infidels said to their Apostles:
“We will surely drive you out of our country or you will have to come back to our religion.”
So their Lord revealed to them: “(Fear not) We will certainly destroy these wrongdoers- “And We shall certainly settle you in their country after (destroying) them.
This (promise of success) is for him who fears the time when he shall before Me and who fears My Warning.”
And the Apostles begged for success of the Truth (which was granted) and every obstinate rejector of Truth was disappointed- After this (disappointment) is Hell and he will be made to drink blood and water of oozing pus - Which he will drink little by little with difficulty, and will not be able to swallow it down his throat and
death will come to him from every side
but (in spite of it) he will not die.
And before him will be another dreadful torment.
Ibrahim 13,17

Significance: If crops are being destroyed by pests such as mice, worms, locust etc. then the above verses should be recited.

B. Surah Al-Tatfif

Significance: To drive out white ants from any grain and legumes such as rice, lentils beans etc. Surah Al-Tatfif (30th Juz) should be recited and “blown” on such foodstuff. They will disappear in a short period — Insha-Allah.

FOR BARAKAH AND PROGRESS IN BUSINESS

A.

Certainly Allah has purchased of the Muslims their lives and their wealth that for them in return is the Garden - the fight in the Way of Allah; so they slay and are slain.
Allah has given a solemn promise binding thereon in the Torah, and the Gospel and the Qur’an (all the three Books). And who is more faithful to his promise than Allah? Rejoice, therefore, (O Believers!) in the bargain that you have struck with Allah. And that is indeed the supreme achievement.

At Tawbah 111

Significance: Recite the above verse for barakah and protection.

FOR PROGRESS AND PROTECTION IN BUSINESS

Significance: If Ayatul-Kursi is recited and “blown” on one’s merchandise the following benefits will be reaped:

a. the merchandise will prove beneficial for its owner;
b. one will make good progress;
c. one will be protected from the mischief and evil promoting of Shaytan;
d. a poor person will become wealthy;
e. sustenance (rizq) will be acquired from strange and unknown sources.

If recited on entering the house and when going to bed:

a. no thieves will enter such a house;
b. the reader will not drown, burn or die due to an accident;
c. he will enjoy good health.

TO KEEP JUSTICE

إنَّ الله يَأْمُرُ بِالْعَدُّلِ وَالْإِحسَانِ وَإِيَّاَيِّ ذَٰلِكَ الْكُرْبَاءُ
INNAL-LĀHA YA’MURU BIL ‘ADLI WAL IḤSĀNI WA ĪTĀ’I DĦIL QURBĀ WA YANHĀ ‘ANIL FAḥSHĀ’I WAL-MUNKARI WAL-BAGHYI. YA’IẒUKUM LA’ ALLAKUM TADHAKKARŪN.

Allah enjoins adl (justice and worshipping none but Allah alone) and iḥsaan (to be patient in performing your duties to Allah, totally for Allah's sake and in accordance with sunnah) and giving help to kith and kin (i.e. to give them financial assistance, visiting them, caring for them) and He forbids you from fahshaa (sins, evil deeds, illicit sex, disobedience to parents, lies, etc.) and from munkar (all that is prohibited by the shari‘ah) and from baghya (oppression of all kinds).

He admonishes you so you may take heed.

Significance: Abdullah bin Umar ⓞ narrated that once Umar ⓞ asked the people: “Who will tell me which verse in the Holy Qur’an is the greatest? And which verse will spur people to be just and fair? And which verse is most effective in instilling fear into the hearts of people? And which verse is most effective in building the hopes of people?” No one answered. Abdullah bin Mas‘ud ⓞ finally responded by saying that he heard Rasulullah ⓞ saying on the mimbar that the greatest verse of the Holy Qur’an is Ayatul Kursi; and the above verse most effective in urging people to be just.
FOR LESSENING ONE’S BURDEN

A. َلْنَّ حَفَّفَ اللَّهُ عَنْكُمْ وَعَلِمَ أَنَّ فِي كُمْ ضَعْفًا ١٠٦٣
فَإِنَّ يَكُنْ مَنْ تَسَكُّنُ مِائَةَ صَابِرَةٍ يُغْلِبُوا مَائَتَيْنِ ١٠٦٥
وَإِنْ يَكُنْ مَنْ تَسَكُّنُ مِائَةَ فَ يُغْلِبُوا أَلْفَينَ ١٠٦٧
مِنْ كُلٍّ مَّا أَلْفٌ يُغْلِبُوا أَلْفَينِ يَبْذِلُ اللَّهُ وَاللَّهُ مَعَ الصَّبِيرِينَ ١٠٦٨

Now has Allah lightened Your burden for He knows that there is weakness in you.  
So if there be of you, a hundred steadfast, they shall overcome two hundred and if there be of you a thousand they shall overcome two thousand by the permission of Allah.  
And Allah is with the steadfast.  

Al Anfal 66

Significance: A person doing hard, menial work or carrying burdens on his back or doing any work that demands physical or mental exertion — if he is desirous of lessening his burden and simplifying his task — he should recite the above verse once after every Salaah for one week. He should start on any Friday after Asr Salaah and continue till the following Friday after Jumu’ah Salaah. Insha Allah, all his tasks will become easy.

WHEN ENTERING A TOWN

َرَبِّ أَنْزِلْنِي مُنَزِّلاً مُبَارَكًا وَأَنْتَ حَيَّ الْمُنْزَلِينَ ١٠٦٢

O My Lord cause me to land at a blessed place for You are the best of all who bring to land.

Al Mu’minun 29
Significance: Recite the above verse on entering any town, city or village. One’s stay in such a place will be a pleasant one. Insha Allah

WHEN BOARDING ANY MEANS OF CONVEYANCE/TRANSPORT

سُبْحَانَ الَّذِى سَخَّرَ لَنَا هَذَا وَمَا كُنَّا لَهُ مَقْرِينِ

Glorified be He who has subdued these for us and we were not capable of subduing them.

Az Zukhruf 13

Significance: If the above verse is recited before boarding a vehicle, train, aircraft, ship etc. one will be protected from all forms of calamities. Insha Allah.

PROTECTION OF A VESSEL

A. بِسْمِ اللَّهِ مَجْبُرِهَا وَمُرَسُّهَا وَإِنَّ رَبِّي لَغَفُورٌ رَحِيمٌ

In the Name of Allah be its course and its mooring.
Lo! My Lord is Most Forgiving, Ever Merciful.

Hud 41

Significance: The above ayah should be recited before embarking a ship or boat. The ship and all its occupants will be safeguarded against all calamities. Insha Allah.

B. وَقَالَ ارْسَكِبُوا فِيهَا بِسْمِ اللَّهِ مَجْبُرِهَا وَمُرَسُّهَا وَإِنَّ رَبِّي لَغَفُورٌ رَحِيمٌ
And he said: Embark therein. With the Name of Allah, be its course and it’s mooring. Lo! my Lord is Most Forgiving, Ever Merciful.

Hud 41

Significance: This verse should also be recited before embarking the vessel.

C. Surah Luqman

Significance: Surah Luqman (Juz 21). If recited before embarking a vessel, a person will be safeguarded against drowning. Insha Allah.

WHEN THE SEAS ARE ROUGH

A. ﴺ﴿وَقَدْ رَأَيْتَ أَنْ الْفُلكَ تَجْرَىٰ فِي الْبَحْرِ بِنِعْمَتِ اللَّهِ لِيُبَيِّنَكُمَّ﴾

Have you not seen how the ships glide on the sea by Allah’s grace that He may show you of His wonders! Lo! indeed, therein are signs for every steadfast, grateful (soul).

Luqman 31

Significance: When the seas become rough and there is fear of disaster, the above ayah should be recited. Insha Allah the seas will become calm.

FOR RETURNING HOME SAFE AND SOUND

A. ﴺ﴿وَلَيَبْعَلْ﴾

The High
Significance: If a wayfarer (musafir) keeps a written copy of above name of Allah ﷺ he will return to his people in a short period of time. Insha Allah — Moreover, if he is needy, Allah will grant him abundant wealth.

B. ﷽

The First

Significance: If a musafir reads above name of Allah ﷺ 1000 times every Friday, he will return to his people safely, Insha Allah.

FEVER

A. ﷽

Surely those who ward off evil when a glamour from the devil troubles them, they remember Allah and behold; they are people of insight.

Al A’raf 201

Significance: The above could be recited and ‘blown’ on a person who has a fever due to heat. Insha Allah he will soon be cured through the barakah of the words of Allah.

B. ﷽

We said: “O Fire! Become cool and peaceful for Ibrahim!”

Al Ambiya 69

Significance: The above should be recited near a sick person. Insha Allah, the fever will subside.
FOR ANY SICKNESS

A.

And He will cure the breast of people who believe.

At Tauba 14

And (the Qur’an) is a cure for ailments which prevail in the hearts.

Yunus 57

There comes forth from their (the bees) bellies a drink (honey) diverse of colours, wherein is healing for mankind.

An Nahl 69

And we reveal of the Qur’an that which is a source of healing and a source of mercy for the Believers.

Bani Israil 82

And when I am sick, then He heals me.

Ash Shu’araa 80

Say unto them (O Muhammad!):
For those who believe, it (the Qur’an) is a guidance and a healing.

Fussilat 44

Significance: The above verses should be recited. Insha Allah he will be cured even if the sickness is of a serious nature.

B. مَنَّا هُوَ شَفَآءٌ وَرَحْمَةٌ لِّلْمُؤْمِينِ

And we reveal of the Qur’an that which is a source of healing and a source of mercy for the Believers.

Bani Israil 82

Significance: The above ayah should be read and blown on the patient.

TO REMOVE PAIN

Significance: To relieve a patient of any pain, Surah Yasin should be read.

TO CURE INSOMNIA

Significance: To enable a patient to get a good sleep, Surah Mujadalah (Juz 28) should be recited next to the patient.

MORE PRESCRIPTIONS FOR ALL TYPES OF AILMENTS

A. السَّلَام

The Giver of Peace

Significance: Stand by the head side of a patient and lifting the hands as in Du’a, say the above Name of Allah 39 times in such a manner that the patient hears it. Insha Allah, he will soon be cured.
B. 

The Great

**Significance:** Saying the above name of Allah ﷻ excessively will remove any sickness.

C. 

The Ever-Living

**Significance:** The above Beautiful Name of Allah ﷻ should either be recited excessively or it should be written on paper with saffron and after washing it, the water should be consumed.

D. 

The Independent

**Significance:** The above Name of Allah ﷻ to be recited excessively at the time of any calamity or sickness. Recovery should be expected in a short time. Insha Allah.

**FOR MELANCHOLY AND DEPRESSION**

A. 

To make strong you hearts and to keep your feet firm thereby.

*Al Anfal 17*

B.
Who have believed and whose hearts are at ease in the remembrance of Allah. Verily in the remembrance of Allah do hearts find rest.

Ar Rad 28

Significance: The above ayaat is very effective for removing melancholy and depression.

PALPITATION OF THE HEART

Do they seek (a religion) other than the Religion of Allah?
Yet to Him has submitted whosoever is in the heavens and in the earth, willingly or unwillingly, and to Him shall they (all) be brought back in the end. Say (O Muslims!): “We believe in Allah and what has been sent down to us, and that which was sent down to Abraham and Ishmael and Isaaq and Jacob and their offspring and what was given to Moses and Jesus and the other Prophets from their Lord. We make no distinction between any of them, in the matter of faith and to Allah have we surrendered ourselves.” And whosoever seeks a religion other than Islam, it shall certainly not be accepted of him; and in the Hereafter he shall be of the losers.

Al Imran 83,85

**Significance:** The above verses are said to be most effective for the softening of the heart.

**AILMENT OF THE HEART**

**Surah Al-Inshirah**

**Significance:** Recite Surah Al-Inshirah (30th Juz) and blow on the patient.

**STRENGTHENING THE HEART**

اَلْمَاجِِيِدُ

*The Excellent*

**Significance:** If the above beautiful name of Allah ﷺ is recited a number of times and blown on a morsel before eating it, the heart will be strengthened — *Insha Allah.*
TO ACQUIRE FREEDOM FROM MATERIALISM

A.

The One And Only

Significance: To acquire independence in the heart recite the above name of Allah 1000 times. The importance of material objects will depart from the reader’s heart.

DISEASE OF THE SPLEEN

Lo! Allah grasps the heaven and the earth that they deviate not. And if they were to deviate there is not one that could grasp it after that. Lo! He is For-Ever Clement, Forgiving.

Significance: Read the above ayah on paper and rub the portion where the spleen is situated. Insha Allah the disease will be removed.

FOR A SPECIFIC PAIN

A.
With truth have we revealed it and with truth it has descended. And we have not sent you but as a bearer of good tidings and as a warner.

Bani Israil 105

Significance: Place the hand on the portion where the pain is felt and recite the above ayah once and blow thrice on the affected area. Insha Allah the pain will disappear.

B.

In the name of Allah, Most Beneficent, Most Merciful.
Praise be to Allah, who has created the heavens and the earth and has appointed darkness and light.
Yet those who disbelieve ascribe rivals unto their Lord.

Al An’am 1

Significance: A person who recites the above ayah 7 times in the morning and 7 times in the evening, then blows on his hands and passes them all over his body, will be safeguarded against all pains and physical calamities.

HEADACHES

A.

لا يُصَدَّعُونَ عَنْهَا وَلا يُنْزِفُونَ
Where from they get no aching of the head nor any madness.

Al Waqiah 19

Significance: Recite the above verse thrice and blow on the patient. The headache will disappear — *Insha Allah*.

B. بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

*In the name of Allah, Most Beneficent, Most Merciful*

Significance: It is reported that the king of Rome once complained to Umar about his persistent headache. The Khalifah had a hat (topi) sewn for him. Whenever the king wore it, his headache disappeared. And whenever he took it off, it returned. He became wholly astonished. Curiosity made him open the seams of the headgear, to find the words "Bismillah" written beneath the seams.

**MIGRAINE**

A. Surah Takathur

Significance: Recite Surah Takathur (30th Juz) after Asr Salaah and blow on the head of the patient. This is a very effective remedy for migraine.

B. قُلْ مَنْ رَبِّ الْسَّمُوَاتِ وَالْأَرْضِ ۛ قُلِ الَّلَّهُ ۛ قُلُّ افَاتَخَذُنِّمُ ۚ مِنْ دُونِهَا أُوْلَـٰئِكُمْ لَا يَمْلِكُونَ لَآ نَفْسِهِمْ نَفَعًا وَلَا صَرَّاغًا

Say: Who is the Master of the heavens and earth?
Say: Allah! Say: Yet you take other than Him as friends who possess no power over themselves in giving benefit and difficulty?

Ar Ra’ad 16

Significance: Recite the above ayah and blow on the patient. Insha Allah, the migraine will disappear.

INFLAMMATION OF THE EYES

A. 

الله نُور السَّمَوُاتِ وَالْأَرْضِ مَثَلُ نُورِهِ كَمِشَكْوَةٍ

فِيْهَا مَصْبَاحٌ الْمَصْبَاحُ فِيٌّ الْرَّاهِجَةُ الْرَّاهِجَةُ كَانَتَا

كَوْكَبٌ ذُرِّيَّةٌ يُوقِدُ مِنِ شَجَرَةٍ مُّبِرَكَةٍ زَيْتُونَةٍ لَا شَرْقِيَّةٍ

وَلَا غَرْبِيَّةٍ لَا يَكَدُّ زَيْتُهَا يُضَىٰءُ وَلَوْ لَمْ تَمْسََّسْهُ نَارٌ نُورٌ

عَلَى نُورٍ يَهْدِى اللهُ لِنُورٍ مَن يَشَاءُ وَيَضْرِبُ اللهُ

الْأَمْثَلِ لِلنَّاسِ وَاللهُ يَكُلِّ شَيْءٍ عَلِيمٌ فِي بُيُوتٍ أَذِنَ اللهُ أنْ تَرْفَعَ وَيَذَكَّرَ فِيْهَا اسْمُهُ لَيْسَ بَعْدَهُ لَهُ فِيْهَا بَالْغَدِ

وَالآصَالِ رِجَالٌ لَا تَلْهِيْهِمْ نَبِيَّةٌ وَلَا بَيْعٌ عَنْ ذِكْرِ اللهِ

وَإِقَامِ الصَّلْوَاتِ وَإِيَّانَا الرَّكْوَةِ مَخافَوْنَ يُومَ يُبْتَغُونَ يِمَانًا تَتَقَلَّبُ فِيَهِ
Allah is the Light of the heavens and the earth. The likeness of His light is as a niche wherein is a lamp, that lamp is in (a chandelier of) glass, the chandelier is as a star glittering like a pearl lit from a blessed olive tree, neither eastern nor western, whose oil is almost luminous even though no fire touches it. (This) is all light upon light! Allah guides unto His light whom He will. And Allah sets forth all manner of parables for (the guidance of) mankind. And verily Allah is Best Knower of all things.

In the houses (of worship) which Allah has ordered to be exalted, and His name to be remembered therein - extol His Glory therein in the mornings and the evenings - By men whom neither trade nor business diverts from the Remembrance of Allah, and the establishing of prayer and the paying of the poor-rate (Zakaat). They keep fearing the Day when hearts will be unnerved and eyes convulsed (with terror)- That Allah may recompense them for their best deeds, and may grant them still more out of His Grace. And Allah provides for those whom He will, without measure.

An Nur 35,39

Significance: A person who continually suffers from inflammation of the eyes (conjunctivitis) should recite the above verses thrice daily after Fajr salaah and blow on the back of both thumbs and rub onto both eyes. He will be cured in due course, Insha Allah.
B. Surah Al-Mulk

Significance: *Surah Al-Mulk* should be recited thrice each day for 3 consecutive days. After reciting it 3 times blow on the patient’s eyes. The suffering will be alleviated — Insha Allah.

STRENGTHENING THE EYESIGHT

A. فَكَشَفْنَا عَنْكَ غِطَايَةَكَ فَبَصَرَكَ الْيَوْمَ حَدِيدً

*Now We have removed from you your veil and this day your sight is iron.*

Qaf 22

Significance: Recite this verse thrice after every salaah, blow on the fingers and rub them on the eyes. By doing this the eyesight will never weaken. In fact, any weakness will also disappear.

B. ۚبِسْمِ اللهِ الرَّحْمَنِ الرَّحِيمِ

ۚإِنّا آنَرْلَنَّهُ فِي لَيَلَةِ الْقَدْرِ ۚوَمَا آدَرْبِكَۛ ۖ مَا لَيَلَةُ الْقَدْرِ ۚلَيَلَةُ الْقَدْرِ ۚحَيَّرَ مَنْ أَلْفِ شَهْرٍ" ۚتَنْزِيلُ الْمَلَائِكَةِ ۚوَالْرُّوحُ فِي هَذَا بَيْتٍ ۚبِذَٰلِكَ رَزَيْنَ ۚمِنْ كُلِّ آمِرٍ ۚسَلِيمُ رَبّ هَٰذِهِ حَتَّى مَّطَلَعَ الْفَجْرِ

*No doubt, We sent down this blessed Qur’an in Night of Power.*
And what will explain to you know what the Night of Power if?
The Night of Power is better than a thousand months.
The angels and the (Holy) Spirit (Gabriel) descend in it by the
Command of their Lord for every affair (of good).
It is all (peace and) security till the rise of the dawn.

Al Qadr 1,5

**Significance:** Anyone who gazes towards the sky while in the state of *Wudhu* and reads the above *Surah*, his eyesight will never weaken — *Insha Allah*.

**PAIN IN THE KIDNEY**

**Significance:** Recite *Surah Quraish* (30th Juz) and blow on any food before consuming it. The pain will disappear — *Insha Allah*.

**EPILEPSY**

A. ُبِسْمِ اللهِ الرَّحْمَنِ الرَّحِيمِ آلِمَصَ طَسْمَ مَكَيْعَصْ
ِيِسَ وَالْقُرْآنِ الحَكِيمُ خَمْ عَسَقِ رَبِّي وَالقَلْمِ وَمَا يُسْتَطْرُونَ

**Significance:** It is reported of a certain sage that his domestic servant had continuous bouts of epileptic fits. On one such occasion he recited the above words of the *Holy Qur’an* in her ears. She immediately came to and never had the attack all her life.

B. *Surah Ash-Shams*

**Significance:** Reciting *Surah Ash-Shams* (30th Juz) in the patient’s ear is believed to be very beneficial for epilepsy.
He is Allah, besides Whom there is none to be worshipped;  
Knower of everything hidden and open.  
He it is the Most-Kind, the Ever-Merciful.  
He is Allah besides Whom there is none to be worshipped;  
the Sovereign of all, the Most Holy, the Bestower of Peace,  
the Giver of Security, the Guardian over all, the Esteemed One,  
the Mender of broken hearts, the Exalted in Might.  
Glory be to Allah from what they associate with Him. 
He is Allah, the Creator of all, the Maker of all,
the Fashioner of all, His are all most beautiful names, Whatever is in the heavens and the earth glorifies Him; and He it is - the All-Powerful, the All-Wise. And We send down in the Qur’an that which is a (means of) healing and a mercy to the Believers from end to end, and the Qur’an only increases the wrongdoers in loss.

Significance: Ibnu Qutaibah R.A. reports that he once inquired from a person who was completely cured from paralysis, the secret to his cure. He replied that he had blown on Zam Zam water and drank it. He was completely cured of his paralysis.

LEPROSY

A.

And remember Ayyoob when he cried to His Lord: “Truly distress has seized me, but You are the Most Merciful of those who are Merciful.

Al Ambiya 83

Significance: Ibnu Qutaibah R.A. reports that a certain leper whose flesh was about to disintegrate, consulted a sage for a cure. The latter recited the relevant verse and blew on him. This caused new skin to appear on his body and he was completely cured. The verse recited by the sage is the above ayah.

B.

Most Venerable
Significance: If a leper fasts on the 13th, 14th and 15th of any lunar month and recites the above attribute of Allah excessively each day at the time of breaking his fast, he will be cured of the disease — Insha Allah.

C.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحْيِمِ

أَنَّمَا يَقُولُ لَكُمُ بِعَبْدِي مَنْ رَيَّحُكُمُ فَأَخْلُقْ لَهُمْ مِنْ الطَّيِّبَاتِ كَهِيْطَةً الطَّيِّرُ فَانْفُخْ فِيهِ فَيَكُونُ طُيْرًا بَيْدَنِ اللَّهِ

وَأَنْتِي أَسْمَعُهُ وَالآَبَرَصُ وَأَحْيَيْتُ الْمَوْتِ وَأَنْتِي مَثْلُهُ بَيْدَنِ اللَّهِ

وَأَنْتِي أَسْمَعُهُ وَأَنْتِي مَثْلُهُ بَيْدَنِ اللَّهِ

لَأَيْةٌ لُكُمُ إِنْ كُنْتُمْ مُؤْمِنِينِ

In the name of Allah, Most Beneficent, Most Merciful

'Surely I have come to you with a Sign (miracle) from your Lord:
surely I make for you out of clay the form of a bird,
then I breathe into this lifeless form and
it becomes a living bird by the will of Allah;
and I heal the born blind and cure the incurable leper,
and bring the dead to life by the will of Allah;
and I declare to you what you eat and
what you keep stored in your houses -
surely there is a great Sign for you of my truth
in these miracles, if you are true believers.

Al Imr`an 49
Significance: It is reported from Kalbi that a certain person who was afflicted with leprosy related to him that the disease had taken its toll on him to such an extent that he found it embarrassing to sit near anyone owing to the offensive smell his body gave off. However, one day he met a pious person and complained to him about his illness. The sage recited a verse from the Qur’an over water and made him drink it. In a few days he was cured. The verse recited by the sage is the above ayah.

ITCHING OF THE BODY

And We clothed the bones with flesh; then We made it into another creature. Thus exalted is Allah, The Best of Creators.

Al Mu’minun 14

Significance: It is reported that a certain person’s body itched a great deal owing to some type of rash he suffered from. For a long time he tried all remedies, but to no avail. Finally, one day he decided to join a caravan heading for Makkah. By the time the caravan reached the tomb of Ali this person became so tired that he decided to remain at the tomb. The caravan left without him. That night he saw and heard Ali in his dream recite the above verses.

When he awoke in the morning there was not the slightest trace of the sickness.
BONE FRACTURE

But if they turn away, say: ‘Allah suffices me: There is none worthy of worship but He: upon Him is my trust — He is Lord of the Great Throne.’

At Tawbah 129

Significance: Laith bin Sa’ad R.A. reports that a certain person sustained an injury as a result of which his thigh-bone broke. A man appeared in his dream. He placed his hand on the affected area and recited the above verse. His thigh healed in a short period of time.

The above verse is also said to be very effective in affording its reader safety against falling from a high place, drowning and being struck by iron. Abud-Darda is reported as saying that a person who recites it 100 times daily, all his worldly needs and needs pertaining to the hereafter will be fulfilled.

FORGETFULNESS

The Compassionate

Significance: Read the above Beautiful Name of Allah 100 times after every salaah. Forgetfulness, negligence and stupor will be warded off — Insha Allah.
TO REMOVE HARDHEARTEDNESS

الرَّحِيمُ
The Most Merciful

Significance: Recite the above attribute of Allah 100 times everyday. Hardheartedness will be replaced with affection, tenderness, kindness and compassion — Insha Allah.

BARAKAH IN FOOD

Significance: A’ishah reports that a person came to Rasulullah and complained that there was no barakah blessings in his home. Rasulullah asked: “Why are you negligent of Ayatul Kursi? Whoever reads it upon any food, Allah will impart barakah to such food.”

THE PRICE OF JANNAH

Significance: Abu Umamah Sa’d ibn Ajalaan says that Rasulullah said that anyone who recites Ayatul Kursi after Fardh salaah, the only thing that prevents him from going to Jannah is death.

NIGHTMARES

لِهُمُ السَّبَرُ فِي الْحَيَوَةِ الدُّنِيَّةِ وَفِي الْأَخْرَىَ لَا تَبْدِيُّلَ لِكَالَّذِينَ لَهُ مِّن كَمَالِهِمْ مَرْتَضَىٰ

For them endurance in the worldly life and in the Hereafter; there shall be no replacement of them who are satisfied with their Lord’s bounty.
For them are glad tidings in the life of this world and the hereafter.
There is no change in the word of Allah.
This is, without doubt, supreme felicity.

Yunus 64

Significance: The above could be recited before sleeping by one who has continuous nightmares.

INSOMNIA

إنَّ اللهَ وَمَلَائِكَتَهُ يُصَلَّوْنَ عَلَى النَّبِيَّ رَحْمَةُ اللهِ عَلَيْهِ وَسَلَامُهُ عَلَيْهِ وَسَلَامُهُ عَلَيْهِ وَسَلَامُهُ عَلَيْهِ وَسَلَامُهُ عَلَيْهِ

Surely, Allah and His angels send salawat (blessings) on the Nabi. O you who believe, (you too) send salawat and salutations on him.

Al Ahzab 56

Significance: To beat insomnia and have a good night’s sleep read the above verse excessively.

THE 99 BEAUTIFUL NAMES OF ALLAH

Significance: Memorising and reading the 99 Beautiful Names of Allah is an act of great merit. Glad-tidings of admittance into Jannah is given. Any du’a made after its recitation is assuredly accepted. Reciting it after Fajr salaah entails the assured acceptance of du’a and the attraction of Allah’s mercy. The method of reciting is to say Jalla Jallaluhu after each attribute of Allah.
A. The Apostle believes in that which has been sent down to him from his Lord; and so do the believers. Each one believes in all sincerity in Allah and His Angels and His Books and His Apostles; (and they proclaim):
"We discriminate not against any of His Apostles."
And they say: “We hear, and we obey.
We seek Your Forgiveness, O our Lord, and it is
You to Whom we all are to return in the end.”
Allah does not burden any soul with more than it can bear.
For it hall be the reward of what (good) it has earned,
and against it shall be (the punishment of)
what (evil) it has committed:
“Our Lord! call us not to account if we forget or err.
Our Lord! lay not on us such a (heavy) burden as
You did lay on those who have passed away before us.
Our Lord! lay not on us that burden
which we have not the strength to bear.
And pardon us; absolve us; and have mercy on us;
You alone are our Friend and Helper;
help us to triumph over the unbelieving folk.”

Al Baqarah 285,286

Significance: Anyone who recites the above verses before going to bed, his wealth, property and life will be safeguarded against all calamities.

B. AYATUL-KURSI

Significance: A person who recites Ayatul-Kursi after every salaah, and in the morning and evening, and on entering the house, and when going to bed, he will becomes self-sufficient; Allah will grant him sustenance from unimaginable sources; belongings and property will be protected from burglaries; his sustenance (rizq) will increase; and he will never be afflicted with poverty. And wherever it is recited, burglars would not dare to visit that place.

C. فَإِذَا أَشْتَوَىْتَ أَنْتَ وَمَنْ مَعَكَ عَلَى الْفُلُكِ فَقُلِ
And when you have embarked on the ark — you and those with you — say:
“Praise be to Allah who has saved us from the people who do wrong”.
And say: “O my Lord, enable me to disembark with (Your) blessings for you are the best to enable us to disembark”.

Al Mu’minun 28,29

Significance: Recitation of the above affords the reciter and his family protection against thieves, enemies and Jinn.

SAFEGUARDING OF MONEY AND VALUABLES

Significance: For safekeeping of money, recite Surah Al-Asr (30th Juz) when banking it or putting it in a safe place or hiding it anywhere. The same applies to valuables.

TO FIND A LOST OBJECT

A.

We belong to Allah and to Him shall we return.

Al Baqarah 156

Significance: Recite the above ayah and search for the lost object. Insha Allah it will be found. Otherwise, something better and greater in value will be received.
B. Surah Adh-Dhuha

Significance: Recite Surah Adh-Dhuha (30th Juz) seven times. The lost item will be found — Insha Allah.

C. 

And He found you distracted in His love, so He led you on the way to guidance.

Ad Duha 7

Significance: Recite Surah Adh-Duha (30th Juz) once. But repeat the above verse thrice. The lost item will be found — Insha Allah.

FOR THE RETURN OF SOMEONE WHO HAS ABSCONDED

Suratud-Duhaa

Significance: Recite Suratud-Duhaa seven times. Insha Allah, the runaway will return.

ENSURING THE SAFETY OF ONE’S FAMILY AND PROPERTY DURING ONE’S ABSENCE

The Guardian

Significance: Before undertaking a journey, recite the above attribute of Allah 7 seven times:

Doing this, there will be no need to worry about their safety until one returns.
PROTECTION AGAINST ALL TYPES OF ANIMALS, INSECTS AND REPTILES

And their dog stretching forth his two fore-legs on the threshold.

Al Khaf 18

Significance: When a dog poses a threat — The following verse should be recited when a dog growls or is about to attack. The same applies to any other wild animal such as a lion, cheetah etc. The above verse.

PROTECTION AGAINST SNAKES AND SCORPIONS
Surely your Lord is Allah, Who created the heavens and the earth in Six Days, then established Himself on the Throne (of high Authority) befitting His Supreme Majesty. He covers the night and the day by each other following swiftly; and (He created) the sun and the moon and the stars, all subservient to His Command. Listen! His is the Creation and His is the Command. Blessed is Allah, the Lord and Cherisher of all the Worlds! Call on your Lord in all humility and in secrecy and surely Allah loves not these who trespass limits. And do not make mischief in the earth after it has been set right and call on Him fearing and hoping (in your heart of hearts). Surely the Mercy of Allah is nigh to the doers of good.

Al A'raf 54,56

Significance: With the recital of the above verses, snakes and scorpions will not be able to harm — Insha Allah.

TO PREVENT DANGEROUS ANIMALS, HARMFUL INSECTS AND REPTILES FROM ENTERING THE HOUSE

A. إِنَّ تُوْكِّلُ عَلَى الَّلَّهِ رَبِّي وَزُرِّكُمْ مَا مِنَ دَابَّةٍ إِلَّا هُوَ أَحْدَهُ بِنَاصِبَتِهَا إِنَّ رَبِّي عَلَى صُرُطٍ مُّسْتَقِيمٍ

Indeed, I rely in Allah, my Lord and your Lord. There is no animal but He grasps it by its forelock. Surely, my Lord is on the Straight Path.

Al Hud 56
Significance: Recite the above verse excessively — especially when going to bed and on awakening.

WHEN FEARING AN ATTACK FROM AN ANIMAL

A. الله رَبِّنَا وَرَبِّكُمْ لَنَا أَعْمَالُنَا وَلَكُمْ أَعْمَالُكُمْ لَا حَجْجَةَ بِنَا وَبِيْنَكُمْ إِلَّا اللَّهُ سَمِيعُ بِبِنَاتِيكَ

Allah is our Lord and your Lord.  
For us is our deeds and for you, yours.  
There is no argument between us and you.  
Allah will bring us together.

Ash Shura 15

Significance: Read the above ayah and blow towards the animal. It won’t attack — Insha Allah.

WHEN BITTEN BY A POISONOUS INSECT OR SNAKE

وَإِذَا بَطَشَتُمْ بَطْشَتُمْ جَبَارِينَ

And when you grasp, you grasp like men with absolute power.

Ash Shu’ara 130

Significance: Circulate the finger around the bitten area and recite the above verse seven times in one breath. The patient will recover shortly — Insha Allah.
WHEN STUNG BY AN INSECT

**Significance:** Recite *Suratul Inshirah* (30th Juz) and blow on the patient. The pain will subside shortly – *Insha Allah*.

GENERAL PROTECTION

أَللَّهِ ﺑِكُلٍّ تَّـشْـيَـرُونَ

The Protector

**Significance:** Recite the above name of Allah excessively. No harm will be caused to the reciter even if he sleeps in a place where wild animals abound.

TO DRIVE OUT ANTS FROM THE HOUSE

ياَيَّهَا النَّملُ ادْخُلْوا مَسْكِنَتَكُمْ لَا تْخَطِّطِمْنَكُمْ سَلِيْمَـٰنَ

وَجَنُودَهُمْ وَهُمْ لَا يَشْعُرُونَ

*O ants, enter your dwellings (so) Sulaimaan and his army do not trample you without knowing it.*

An Naml 18

**Significance:** Upon reciting this verse, they will disappear very shortly – *Insha Allah*.

TO DRIVE OUT MOSQUITOES, FLEAS, ETC

وَمَا لَنَا أَلَّا نَتَوَكَّلُ عَلَى اللَّهِ وَقَدْ هَدْنَا سُبْلَنَا وَلَنَصْبِرْ بِنَصْبِرْناً

*And what is there for us but to rely on Allah? He has guided us on our way, and we will not be patient.*
**Significance:** To drive out mosquitoes, fleas etc. from the house or bedroom recite the above verse numerous times, the night will pass without disturbance — Insha Allah.

**RELEASE FROM IMPRISONMENT**

Our Lord, take us out of this town whose people are oppressors and raise for us from yourself one who will protect us and raise for us from yourself one who will help us.

**Significance:** If a person is trapped in a country or town as a result of the country or town being under siege or due to any other reason such as curfew etc. he should recite the above verse excessively. He will soon find a way out — Insha Allah.

**A MUSLIM’S INVISIBLE ENEMIES AND THE WAY TO OVERCOME THEM:**

Allah explained to Muslims that they have hidden enemies, who do...
their best to mislead Muslims to disrespect Allah in this worldly life and to his displeasure in the Hereafter. Allah also guided Muslims to the method of delivery from the evils of these unseen enemies. The first of these enemies is the accursed Satan, who stirs up and leads all other enemies of man. Satan was not only a foe to our forefather Adam and our great grandmother Eve, but he is an open enemy of Adam’s progeny till the end of this worldly life. Satan strives hard to persuade people either to disbelief or to commit sins in order that they may accompany him in dwelling forever in Hell. Satan is an incorporeal spirit, able to instill evil in man and allure mischief to him as if it were a second nature to him.

Allah explained to us how to overcome Satan and his followers. When a Muslim is about to commit a sin, or when he is maddened with anger, he should say:

أَعْوَّدُ بِاللهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

“I ask Allah for His refuge against the accursed Satan.”

Then he should refrain himself from committing the sin and calm his anger. The Muslim should know that malicious incentives are always motivated by the Satan.

Allah said:

إِنَّ الشَّيْطَانَ لَكُمْ عَدُوٌّ فَاتَجَهُوْهُ عَدِّوًا إِنَّمَا يَدْعُوْاْ

حرَبَةً لِيُكُونُواْ مِنَ أَصْحَابِ السَّعِيرِ

“Surely, Satan is an enemy to you, so treat him as an enemy.”
The second foe of man is his own lusts. Man can be persuaded to deny the truth and disobey the Commandments of Allah if these are contrary to his lusts. A sinful man always gives priority to emotions and passions over truth and justice. The way to overcome lust is to ask Allah for refuge against one’s own lusts, stick to truth, and to refrain from following desires contrary to Allah’s Commandments.

This enemy of man incites him to evil. This base self incites sins and forbidden desires in a man such as drinking wine, committing adultery and breaking fast in Ramadhan without a legal excuse. The way to overcome this enemy is to ask Allah for refuge against the baser self and against the devil. Then, one should abstain from committing a sin and strive to gain the refuge of Allah. One should always remind oneself that sinful lusts are evanescent and leave nothing but sorrow and remorse.

Satanic people are the third enemy of man. They are called satanic people because they behave like devils, oppose the Commandments of Allah, commit lewdness and tempt people to evil. The best way to overcome this enemy is to remain beware of them and not to associate with them.

***************

Above all, the primary aim and object of reciting the Holy Qur’an or any part of the Holy Qur’an should be pleasure of Allah ﷻ.

***************
SOME ADVICE FOR THE PATIENT:

- You should be patient for what Allah’s decree.
- You should believe that this decree has been written and would have affected you regardless of precaution.
- Your heart should be associated with Allah and His releasing. From this suffering or sorrow and grief.
- You should seize every chance to remember Allah in repentance from him, in reciting the Qur’an and asking for His forgiveness.